Our Full Identity

in Christ Jesus

An 11-Session Bible Study

Who We Are Because of What He Has Done

Includes: Greek & Hebrew Word Studies · Cross-Reference Trails
Reflection Questions · Personal Application
Group Discussion · Prayer Guides

"Christ in you, the hope of glory."
— Colossians 1:27

How to Use This Study

This study guide contains eleven sessions, one for each foundational truth of Christian identity covered in the blog series. Each session is designed for approximately 60–90 minutes of personal study, or 90 minutes in a group setting.

Each session includes:

Session Focus — a theological grounding for the identity truth, written in accessible language.

Greek/Hebrew Word Studies — the original language behind key terms, with context from the ancient world.

Cross-Reference Trail — connected Scriptures that develop the theme across the biblical narrative.

Reflection Questions — personal, honest questions designed to move from theology to your actual life.

Personal Application — concrete, specific practices to embody the truth this week.

Group Discussion — questions for open, honest conversation with others on the same journey.

Prayer — a closing prayer that speaks the truth back to God as a declaration and invitation.

A note on approach:

Christian identity is not motivational content. It is covenantal reality — statements about who you are based on what Christ has done. The goal of this study is not information accumulation but genuine reception: learning to live from truths that are already true, rather than striving toward an identity you're hoping to earn.

Go slowly. Return to sessions. Let the word studies open the text in new ways. Use the reflection questions honestly. Pray the prayers as your own — not as liturgy to perform but as declarations to receive.

You are not discovering who you should be. You are discovering who you already are in Christ.

SESSION 02

New Creation

> *"If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."*
> **— 2 Corinthians 5:17**

◈ SESSION FOCUS

The Greek word Paul uses for 'new' here is kainos — meaning new in kind, a different quality entirely, not just new in sequence. This isn't a renovation of the old self. It's a new birth from above (John 3:3 — anōthen). God isn't improving the person you were. He's brought a new person into existence — one with a new heart (Ezekiel 36:26), a new spirit, and a new orientation. The old order passed away. Something has come that didn't exist before.

◈ GREEK/HEBREW WORD STUDIES

καινός *kainos*	**New in kind, new in quality** Contrasts with neos (new in time). Paul's eschatological word — the quality of newness belonging to the age to come, brought into the present. The new creation is future-age reality in your current life.

ἄνωθεν *anōthen*	**From above, again, anew** John 3:3 — born from above (or again). Nicodemus understood 'again'; Jesus meant 'from above.' Both meanings may be intentional. The birth that makes a new creation is sourced in heaven, not in human will or effort.

κτίσις *ktisis*	**Creation, creature** From ktizō — to found, to create. Cosmic language borrowed from Genesis. Paul uses it to say your new identity is a creation-level event — as significant as the original making of the world.

◈ CROSS-REFERENCE TRAIL

John 3:1–8 Born from above — the mechanism of new creation.

Ezekiel 36:26–27 New heart, new spirit — Old Testament prophecy Paul is fulfilling.

Galatians 6:14–15 The cross creates the new creation — the old world is crucified.

Ephesians 4:22–24 Put off old self, put on the new — the practice of living from new-creation identity.

Romans 6:4 Raised to walk in newness (kainotēs) of life.

◈ REFLECTION QUESTIONS

1. When you think about your Christian life, do you relate to it more as 'trying to be better' or 'living from a new nature'? What's the difference in practice?

Your response...

2. Ezekiel 36:26 says God removes the 'heart of stone' and gives a 'heart of flesh' — a heart that can respond to him. What evidence have you seen of this new heart in your own desires, responses, or longings?

Your response...

3. The 'old has passed away' — what specific things do you think Paul means by this? What has actually passed for you since coming to Christ?

Your response...

◈ PERSONAL APPLICATION

→ *Journal about this: 'The person I was before Christ — what characterized them? The person I am in Christ — what characterizes me?' Write both lists. Sit with the difference.*

→ *Identify one habit of thought (a pattern of self-talk, fear, or shame) that belongs to the old creation. This week, when it appears, practice responding: 'That belongs to the old. I am new.'*

→ *Read Ezekiel 36:24–27 slowly. Pray through it as a description of what God has done in you, not a promise you're still waiting for.*

◈ GROUP DISCUSSION

1. What's the most compelling part of 'new creation' language for you? What makes it difficult to believe?

2. Why do we so often relate to the Christian life as self-improvement rather than new-creation living? What structures or messages have reinforced that?

3. Share a concrete moment where you experienced something in yourself that felt genuinely new — a response, a desire, a peace you couldn't explain by your old nature.

4. How does understanding yourself as a new creation change the way you relate to old sin patterns? Does it make obedience feel different?

◈ PRAYER

Lord, I confess that I often try to improve the old rather than live from the new.
Today I receive what your Word says: I am a new creation.
The old has passed away. The new has come.
Open my eyes to see the new heart you've given me.
And help me to live from that new nature rather than striving to fix the old one.
Amen.