

# Our Full Identity in Christ Jesus

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*An 11-Session Bible Study*

Who We Are Because of What He Has Done

Includes: Greek & Hebrew Word Studies · Cross-Reference Trails  
Reflection Questions · Personal Application  
Group Discussion · Prayer Guides

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*"Christ in you, the hope of glory."  
— Colossians 1:27*

## How to Use This Study

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This study guide contains eleven sessions, one for each foundational truth of Christian identity covered in the blog series. Each session is designed for approximately 60–90 minutes of personal study, or 90 minutes in a group setting.

**Each session includes:**

Session Focus — a theological grounding for the identity truth, written in accessible language.

Greek/Hebrew Word Studies — the original language behind key terms, with context from the ancient world.

Cross-Reference Trail — connected Scriptures that develop the theme across the biblical narrative.

Reflection Questions — personal, honest questions designed to move from theology to your actual life.

Personal Application — concrete, specific practices to embody the truth this week.

Group Discussion — questions for open, honest conversation with others on the same journey.

Prayer — a closing prayer that speaks the truth back to God as a declaration and invitation.

### A note on approach:

Christian identity is not motivational content. It is covenantal reality — statements about who you are based on what Christ has done. The goal of this study is not information accumulation but genuine reception: learning to live from truths that are already true, rather than striving toward an identity you're hoping to earn.

Go slowly. Return to sessions. Let the word studies open the text in new ways. Use the reflection questions honestly. Pray the prayers as your own — not as liturgy to perform but as declarations to receive.

You are not discovering who you should be. You are discovering who you already are in Christ.

## SESSION 09

# Complete in Christ

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*"For in Christ all the fullness of the Deity lives in bodily form, and in Christ you have been brought to fullness. He is the head over every power and authority."*

— Colossians 2:9–10

### ◆ SESSION FOCUS

Paul writes Colossians against the backdrop of teachers who were adding to Christ — philosophy, ascetic practices, special knowledge, angelic mediators. His response is that in Christ dwells all the fullness (plērōma) of God — and in Christ you are filled (peplērōmenoi, perfect passive participle — you have been filled and remain filled). Nothing is missing. No supplement needed. The Greek word teleios (complete, mature) does not mean morally flawless — it means having fully reached one's intended purpose. You are not 'almost.' In Christ, you are complete.

### ◆ GREEK/HEBREW WORD STUDIES

τέλειος  
teleios

#### Complete, mature, whole, having achieved purpose

From telos — goal, end. Not flawless (Greek: amōmos). Matthew 5:48 — be teleios as the Father is teleios: complete in love, whole, not fragmented. Colossians 1:28 — present everyone teleios in Christ. The aim of discipleship is not perfection of behavior but wholeness of person.

**πληρόω**  
*plērōō*

**To fill, to complete, to fulfill**

Colossians 2:10 — *peplērōmenoi*, perfect passive participle. You have been filled and remain in that state. Same word used for fulfilling Scripture (Matthew 5:17), being filled with the Spirit (Ephesians 5:18), being filled with God's fullness (Ephesians 3:19).

**πλήρωμα**  
*plērōma*

**Fullness, completeness, total sum**

Colossians 2:9 — all the fullness (*plērōma*) of God dwells in Christ. Used in proto-Gnostic thought to describe the totality of divine attributes distributed across spiritual beings. Paul's counter-claim: all of it is in Christ. Therefore in Christ, all of it is available to you.

◆ **CROSS-REFERENCE TRAIL**

**Colossians 1:28** Paul's goal: present everyone complete (*teleios*) in Christ.

**Ephesians 3:19** Filled to the measure of all the fullness of God — the extraordinary ambition of Paul's prayer.

**Hebrews 10:14** Made perfect forever, being made holy — both at once.

**Romans 8:29** Conformed to the image of his Son — formation as expression of identity already given.

**James 1:4** Let perseverance finish its work so that you may be *teleios* and complete, lacking nothing.

◆ **REFLECTION QUESTIONS**

1. What is the 'supplement' you most often feel you need to add to Christ to be truly okay? More spiritual maturity, more healing, more knowledge, better behavior? How does Colossians 2:10 address that?

<i>Your response...</i>

2. *Teleios* means having reached your intended purpose. What do you understand your intended purpose to be? How does knowing you are already complete in Christ speak into the gap between where you are and where you feel you should be?

<i>Your response...</i>

3. Hebrews 10:14 holds 'made perfect forever' and 'being made holy' in the same sentence. How does it change your approach to growth when you know the completion doesn't need to be earned — it's the foundation you grow from?

<i>Your response...</i>

## ◆ PERSONAL APPLICATION

→ *This week, identify every time you catch yourself thinking 'I'll be okay once \_\_\_\_\_.'*  
*Bring each one to Colossians 2:10. Write it down: 'In Christ, I am already complete.*  
*\_\_\_\_\_ is not what makes me whole.'*

→ *Read Colossians 2:6–23 in full — Paul's whole argument against adding to Christ. Write down every substitute he mentions and ask: where are my substitutes?*

→ *Spend time meditating on Ephesians 3:14–21 — Paul's prayer that you would be filled with 'all the fullness of God.' What does it mean to pray for yourself with that kind of ambition?*

## ◆ GROUP DISCUSSION

1. What 'supplements' to Christ do you find most tempting — what do you add to feel fully accepted, fully okay, fully spiritual?
2. The word *teleios* means having fully achieved your intended purpose. How do you understand what you were made for? And how does Christ's completeness speak to your sense of purpose?
3. How do you hold the tension between 'I am complete in Christ' and 'I am still clearly in process'? What does it feel like to receive both as true simultaneously?
4. Paul says nothing is lacking in Christ — all the fullness of God is in him, and you are in him. What would change in your daily life if you truly believed that nothing was missing?

## ◆ PRAYER

*Lord, I confess the things I've added to you —  
the supplements I've thought I needed, the gaps I've been trying to fill with other things.  
Today I receive what your Word declares: in you, I have been brought to fullness.  
Nothing is lacking. Nothing needs to be added.  
I am not an almost — I am complete in you.  
Help me to live from that completeness  
rather than striving toward it.  
Amen.*